RANGIORA FITNESS CENTRE

Holiday Class Timetable

Please note the timetable adjustments

Mon 18th Dec – Sun 14th Jan
*please refer to other print out

Mon 15th Jan – 11th Feb
*included in this brochure

Gym Access

Staffed hours or the holiday period are reduced.
Please refer to the website for these times.

Member's Swipe Card Access
Monday – Sunday
4am – Midnight

FINES WILL BE CHARGED IF YOU BRING OTHERS IN ON YOUR MEMBERSHIP

24 HOUR VIDEO SUVEILLANCE

Phone: (03) 975 5556 ext 0
E-mail: office@sportstrust.org.nz
Website: www.sportscentre.org.nz

To our members:

Thank you for being a part of our fitness centre family.

We are a non-profit organisation which means the funds from your membership allow us to run a fantastic facility and achieve all the great things we do in the community. Sport coaching and learn to swim programs for children throughout the North Canterbury and Hurunui districts. Thank You!!!!

As we work towards the opening of your new gym in June we are mindful of the lower-class numbers at the moment.

We do not want to make too many changes to the timetable but have reduced some classes over the next few weeks.

I hope this doesn't cause to much inconvenience.

I'm excited to be able to tell you that by this time next year we will have a lot more flexibility with classes when our virtual classes will be available as well as the awesome instructor lead classes.

Thank you, I hope you enjoy some down time over the holidays

Thank you, Kymm

Mon 5th Feb – Sun 11th Feb

M	9:00am	Mega Circuit
	9:30am	BodyPump
	10.30am	Body Balance *
	6:00pm	BodyPump
	6:00pm	RPM
	7.00pm	MegaBoxfit *
T	WAITANGI DAY	CLOSED
W	8.45am	ZUMBA
	9.30am	BodyBalance *
	9:30am	RPM
	6:00pm	BodyStep
	7:00pm	BodyBalance *
T	6.00am	RPM
	9.00am	Mega Circuit
	9:30am	BodyPump
	6:00pm	BodyCombat
	6:00pm	RPM
	7.00pm	BodyBalance *
F	6.00am	BodyBalance
	9:30am	BodyStep
	9:30am	RPM
	6:00pm	BodyPump
S	9:30am	BodyCombat
	10.30am	BodyBalance *
S	9:30am	BodyStep
	10:30am	BodyPump

Mon 15th – Sun 21st Jan

M	9:00am	Mega Circuit
	9:30am	BodyPump
	10.30am	Body Balance *
	6:00pm	BodyPump
	6:00pm	RPM
T	6.00am	RPM
	9:30am	BodyStep
	6:00pm	BodyCombat
	7:00pm	BodyBalance *
W	8.45am	ZUMBA
	9.30am	BodyBalance *
	9:30am	RPM
	6:00pm	BodyStep
	7:00pm	BodyBalance *
T	9.00am	Mega Circuit
	9:30am	BodyPump
	6:00pm	BodyCombat
	7.00pm	BodyBalance *
F	6.00am	BodyBalance
	9:30am	BodyStep
	9:30am	RPM
	6:00pm	BodyPump
S	9:30am	BodyCombat
	10.30am	BodyBalance *
S	9:30am	BodyStep
	10:30am	BodyPump

Mon 22nd – 28th Jan

M	9:00am	Mega Circuit
	9:30am	BodyPump
	10.30am	Body Balance *
	6:00pm	BodyPump
	6:00pm	RPM
T	6.00am	RPM
	9:30am	BodyStep
	6:00pm	BodyCombat
	7:00pm	BodyBalance *
W	8.45am	ZUMBA
	9.30am	BodyBalance *
	9:30am	RPM
	6:00pm	BodyStep
	7:00pm	BodyBalance *
T	9.00am	Mega Circuit
	9:30am	BodyPump
	6:00pm	BodyCombat
	6:00pm	RPM
	7.00pm	BodyBalance *
F	6.00am	BodyBalance
	9:30am	BodyStep
	9:30am	RPM
	6:00pm	BodyPump
S	9:30am	BodyCombat
	10.30am	BodyBalance *
S	9:30am	BodyStep
	10:30am	BodyPump

Mon 29th Jan – Sun 4th Feb

M	9:00am	Mega Circuit
	9:30am	BodyPump
	10.30am	Body Balance *
	6:00pm	BodyPump
	6:00pm	RPM
	7.00pm	MegaBoxfit *
T	6.00am	RPM
	9:30am	BodyStep
	6:00pm	BodyCombat
	7:00pm	BodyBalance *
W	8.45am	ZUMBA
	9.30am	BodyBalance *
	9:30am	RPM
	6:00pm	BodyStep
	7:00pm	BodyBalance *
T	9.00am	Mega Circuit
	9:30am	BodyPump
	6:00pm	BodyCombat
	6:00pm	RPM
	7.00pm	BodyBalance *
F	6.00am	BodyBalance
	9:30am	BodyStep
	9:30am	RPM
	6:00pm	BodyPump
S	9:30am	BodyCombat
	10.30am	BodyBalance *
S	9:30am	BodyStep
	10:30am	BodyPump